Environmental Enrichment, Stress, and Improved Welfare



Benefits of Enrichment

- Improved or enhanced welfare
- Provides mental and physical stimulation
- Allows for outlets to engage in species typical behaviors
- Decreases risk for abnormal behavior

Learn More At-a-Glance: Enrichment Application

Effective enrichment leads to dogs who experience:

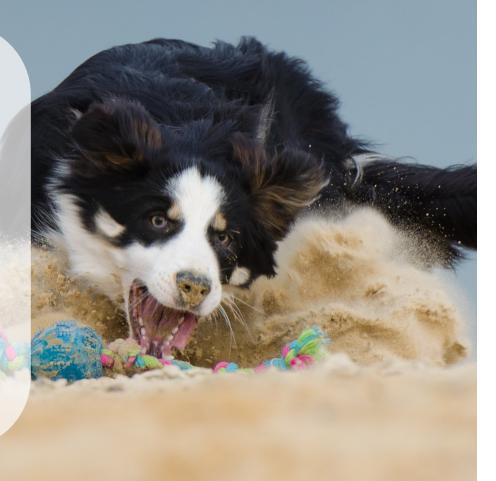
- Increased control over their environment, bodies, and interactions
- Decreased stress
- Minimal boredom
- Decreased anxiety

Learn More At-a-Glance: Enrichment Types



Enrichment Provides and/or Enhances:

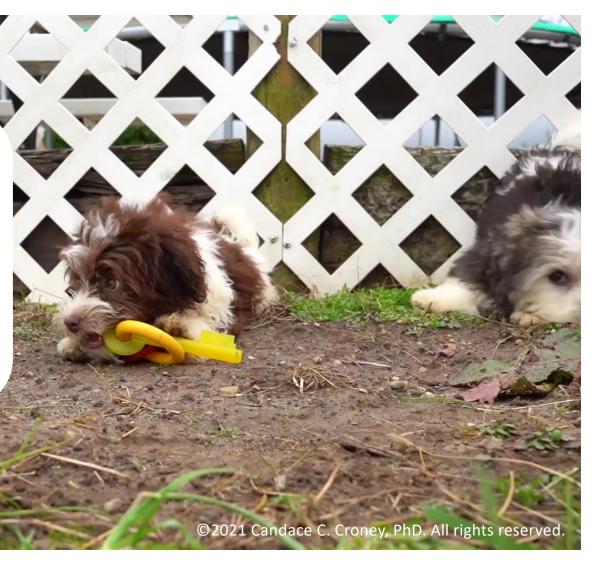
- Natural, rewarding behaviors (e.g. exploration, chewing, foraging, digging, social behavior)
- Complexity of behavior
- Positive use of available space
- Ability to cope with challenges



Enrichment Reduces:

- Repetitive behaviors
- Fear-related behaviors
- Boredom

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Learn More:

- Enrichment in Kennels Handout
- <u>Quick Tips for Success: Environmental</u> <u>Enrichment in Kennels</u>
- Canine Environmental Enrichment Log
- <u>The role of caretaker interactions in</u> <u>environmental enrichment for kenneled</u> <u>dogs</u>
- Implementing Environmental Enrichment for Dogs
- At-a-Glance: Enrichment Application
- At-a-Glance: Enrichment Types

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